

POSTOPERATIVE GUIDELINES

RHINOPLASTY

- ✓ Setons removal on the 2nd day after the surgery, usage of Sulfarinol drops 2-3 times a day (antibacterial drops)
- ✓ Forbidden to wash/moisten the cast until it is removed by the surgeon
- ✓ Cast removal 7-10 days after the surgery
- ✓ 3 weeks following the surgery, putting the nose cast for the night time
- ✓ Moisturizing your nose with saline spray (from the day of seton removal to obtaining full comfort when breathing)
- ✓ Reduction of the risk of nose trauma (children, animals, partner, sports) for 1 month following the surgery
- ✓ Big sun exposure and heat exposure forbidden (sun tanning/sun bed/sauna) for 4 months following the surgery
- ✓ Contact and power sports practice forbidden for 4 weeks following the surgery
- ✓ Applying postoperative anti-swelling treatment possible after plaster removal
- ✓ Check up with the surgeon 6 months after the surgery