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## PREOPERATIVE GUIDELINES

- 10 days before the surgery DO NOT take any medications such as Aspirine and similar in order to avoid excessive bleeding (the rule also applies to any anticoagulants)
- On the day of the surgery patient needs to be in a stable condition, generally healthy, without skin/mouth infections (such as herpes)
- On the day of the surgery, patient should stop eating 6 hours prior the surgery and stop drinking 4 hours prior the surgery (this also applies to chewing gum)
- Payment for the surgery and post operative care is done in cash only, before the surgery
- Important notice: scheduled time of the surgery is subject to change (final surgery time is confirmed by phone by the reception 2 days before the scheduled surgery; if by any chance we are unable to reach you by this time – do not hesitate to contact us at 0048 728 840 465)
- On the day of the surgery, please dress comfortably, do not take any jewellery, if you stay our clinic overnight please do not forget to take your personal cosmetics, toothbrush, hair tie etc.
- On the day of the surgery, it is recommended to arrive at the Clinic with a completed surgery procedure informed consent form ( it is available on our website <a href="http://drwitwicki.pl/strefa-pacjenta/">http://drwitwicki.pl/strefa-pacjenta/</a> or at the reception of our Clinic) – if you have any questions, please do not hesitate to contact us

## After the surgery:

- Please make sure a friend or an acquaintance is ready to pick you up from the Clinic the next day after the surgery
- It is forbidden to drive for at least 24 hours after the surgery